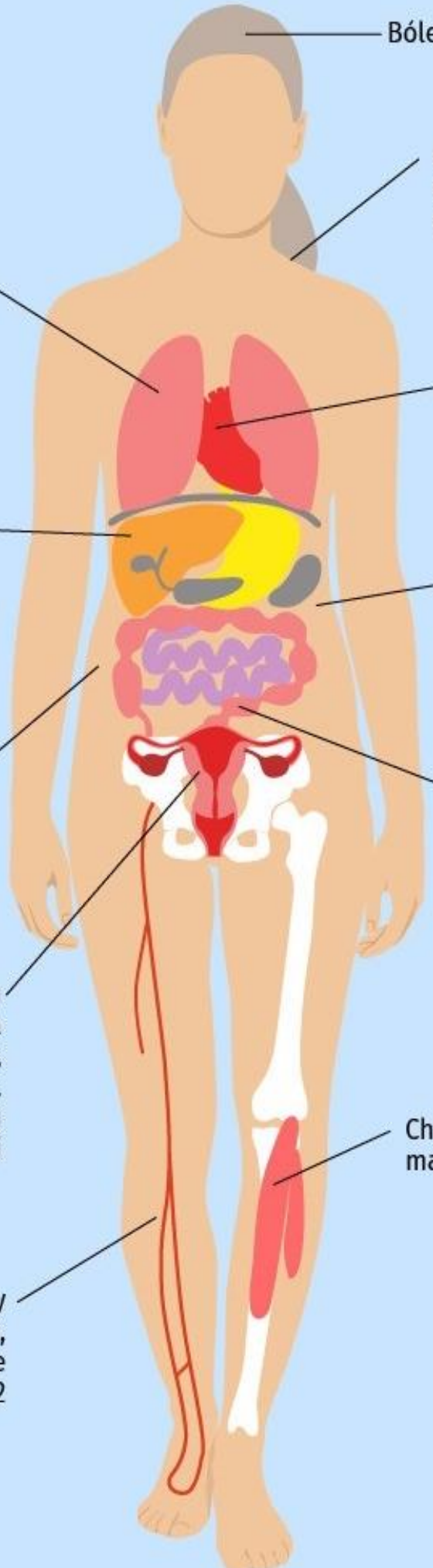WPŁYW STRESU NA CIAŁO